Which Mental Illnesses Are Most Common in Children?

Children can suffer from the following mental illnesses:

* Anxiety disorders: Children with [anxiety disorders](https://www.webmd.com/anxiety-panic/default.htm) respond to certain things or situations with fear and dread, as well as with physical signs of anxiety (nervousness), such as a rapid heartbeat and [sweating](https://www.webmd.com/skin-problems-and-treatments/hyperhidrosis2).
* Disruptive behavior disorders: Children with these disorders tend to defy rules and often are disruptive in structured environments, such as school.
* [Eating disorders](https://www.webmd.com/mental-health/eating-disorders/signs-of-eating-disorders): [Eating disorders](https://www.webmd.com/mental-health/eating-disorders/ss/slideshow-eating-disorders-overview) involve intense emotions and attitudes, as well as unusual behaviors, associated with [weight](https://www.webmd.com/webmd/consumer_assets/controlled_content/healthwise/special/weight_management-are_you_at_a_healthy_weight_special_aa126305.xml) and/or food.
* Affective (mood) disorders: These disorders, including depression, involve persistent feelings of sadness and/or rapidly changing moods.
* [Schizophrenia](https://www.webmd.com/schizophrenia/default.htm) : This is a serious disorder that involves distorted perceptions and thoughts.
* [Tic disorders](https://www.webmd.com/brain/tic-disorders-and_twitches) : These disorders cause a person to perform repeated, sudden, involuntary and often meaningless movements and sounds, called tics.
* ADHD (attention deficit hyperactivity disorder): Children with this disorder are hyperactive and have trouble controlling their impulses and paying attention. ADHD is the most commonly diagnosed mental disorder in children.