

## PSY 102: Gen. Psychology

Instructor's Name	Elijah Levy, Ph.D.
<b>I. Instructor's Contact Information</b>	
Phone Number:	562-230-3334
E-mail:	<a href="mailto:ElijahLevy@scuhs.edu">ElijahLevy@scuhs.edu</a> or <a href="mailto:thelevylaunch@yahoo.com">thelevylaunch@yahoo.com</a>
Office hours:	By Appointment

<b>II. Mission and Outcomes</b>	
<b>Program Learning Outcomes:</b>	<ol style="list-style-type: none"> <li>1. Demonstrate competent written communication skills</li> <li>2. Employ effective oral communication skills</li> <li>3. Interpret quantitative data using mathematical principles to effectively identify core issues and solve problems</li> <li>4. Illustrate competence in the biological, physical, and natural sciences</li> <li>5. Locate disparate information through multiple sources demonstrating technological and informational literacy</li> <li>6. Analyze ideas and make decisions using critical thinking skills</li> <li>7. Describe and interpret diverse perspectives, value systems, history, cultural traditions, and artistic expression</li> <li>8. Articulate issues and arrive at a defensible conclusion, given a set of ethical dilemmas</li> </ol>

<b>III. Course Information</b>	
<b>Class Meeting Days</b>	Saturday and Sunday
<b>Class Meeting Times:</b>	8:30 – 1:30
<b>Class Meeting Dates:</b>	March 5, 6, 12, 13, 19, 20  No class weekend of March 26 and 27 due to Easter  April 2, 3
<b>Class Credit /Units:</b>	3 units
<b>Class Required Texts, Learning Resources:</b>	Feldman, R.S. <i>Essentials of understanding psychology</i> (11 <sup>th</sup> ed). Boston: McGraw-Hill.
	The instructor will distribute to students in the first class curriculum he has written to supplement learning.

<b>Course Description:</b>	Examines basic psychological concepts, such as the nervous system, memory, intelligence and development along with Freudian, humanistic, social, cognitive, and trait theories. Presents an introduction to the issues, methods, and descriptions of psychology. Discusses individual and social problems of everyday life through the viewpoints and methods of modern scientific psychology. Examines the psychological processes through which people deal with the challenges of everyday life.
<b>Course Learning Outcomes:</b> <ul style="list-style-type: none"> <li>• Course outcomes are comprised of the knowledge, skills, values and/or behaviors that students should be able to demonstrate upon completion of the course.</li> <li>• Course outcomes map to the Program Learning Outcomes</li> <li>• Must be assessed in the course to determine if learning outcomes are met</li> </ul>	<ul style="list-style-type: none"> <li>• Define psychology and discriminate between the science of psychology and pseudoscience</li> <li>• Compare and contrast the major perspectives in psychology (psychodynamic, behavioral, cognitive, biological and socio-cultural)</li> <li>• Explain how psychological theories are used to describe, explain, predict and modify behavior and mental processes</li> <li>• Identify kinds of research and its application of the different sub divisions in the field of psychology</li> </ul>
Course Methods	This course is presented in a lecture format with the use of learning exercises such as group discussions following small group activities, short video clips, group projects and case study. Technology is used to supplement lectures where relevant.

IV. Evaluation Methods, Grading			
	Assignment/Assessments	Due Date	Points
	Midterm Exam	March 19	80
	Final Exam	April 3	80
	Quiz #1	March 12	40
	Quiz #2	April 2	40
	Writing Assignment – Paper	April 2	80
	On-Line Discussion – one every weekend:	Saturday by 8:00	40

	<p>posted by Saturday 8:00 pm</p> <p>Each post worth 10 points x 4 weekends</p>	pm	
	<p>One Minute Papers – one every Sunday written at end of class. Students will write a paragraph of most important concepts learned that day and implications they have for how they perceive human behavior.</p> <p>Each one minute paper worth 10 points x 4 weekends</p>	At end of class on Sunday.	40 points
			Total = 400

EVALUATION.			
Evaluation	Grade	Points	
	A	360 - 400	
	B	320 - 359	
	C	280– 319	
	D	240– 279	
	F	239 and below	
<b>Attendance Policy</b>	This class is a three (3) unit class and the maximum time you are allowed to miss is five (5) hours. If you exceed the 5 hours you will need to do additional coursework assigned by the instructor. Students are only allowed to do make up work one time in the block and need to understand and honor this policy.		
<b>Academic Integrity Policy</b>	Students are expected to approach their academic endeavors with the highest academic integrity. They must cite sources, and submit original work. Academic honesty is central to the institution/student partnership towards student success. Students are accountable for adhering to the Academic Integrity and Academic Dishonesty policies in the SCUHS catalog.		
<b>Make-up Work Policy</b>	<ul style="list-style-type: none"> <li>In order to meet course objectives, students may be required to make up all assignments and work missed as a result of absences. The faculty may assign additional make-up work to be completed for each absence.</li> <li>Students are required to be present when an examination is given.</li> </ul>		
<b>Classroom Policies</b>	<ul style="list-style-type: none"> <li>Students are expected treat each other respectfully during class time.</li> <li>Use of cell phones, smart phones, or any other electronic devices in the classroom during class time is strictly prohibited. If you are texting I will take your phone away until the break and you will return it to me after the break.</li> <li>If you are using a laptop you will be asked to sit in the front of the class.</li> <li>Behavior that persistently or grossly interferes with classroom activities is considered disruptive behavior and may be subject to disciplinary action. A student responsible for disruptive behavior may be required to leave the class.</li> </ul>		

## **Writing Assignment: Paper**

The paper for this course requires students to use APA style. The instructor will explain APA style and distribute an abbreviated APA booklet. Essentially, we want students to select a topic they are interested in examining and to exercise critical thinking by asking questions that deepen their understanding of the subject. For example, students may study the incidence rate of Schizophrenia, what puts one at risk, etc. cross-culturally by asking the important questions about the role culture plays in diagnosis and treatment of Schizophrenia. The topic you select must be approved by the instructor. The papers are generally 5-6 pages in length not including the cover and reference page.

## **On-Line Discussion:**

Students are required to post an on-line response to the instructor's comment about a concept or theory studied in class that day. Your response needs to be posted every Saturday before 8:00 pm The responses need to be thoughtful and reflect your critical thinking skills.

## **Course Schedule**

<b>Week/ Date</b>	<b>Class Objectives/Course Learning Outcomes</b>	<b>Content Outline</b>	<b>Student Assignments</b>
March 5 (Saturday)	Define Psychology; Discriminate between psychology as a science and a pseudoscience; research in psychology; basic elements of behavior; the brain	Introduction  Psychological Research  Neuroscience and Behavior	Read & be prepared to discuss:  Ch. 1: Intro. to Psychology  Ch. 2: Neuroscience & Behavior
March 6 (Sunday)	Sensing the world around us; perceptual organization; sleep and dreams; meditation; drug use.	States of Consciousness  Sensation and Perception	Read & be prepared to discuss:  Ch. 3: Sensation & Perception  Ch. 4: States of Consciousness
March 12 (Saturday)	Classical conditioning; operant conditioning; cognitive approaches to learning; memory; long term memory; forgetting	Memory  Learning	Quiz #1  Read & be prepared to discuss:  Ch. 5: Learning  Ch. 6: Memory
March 13 (Sunday)	Thinking and reasoning; language; intelligence; explaining motivation; human needs and motivation; understanding emotional experiences	Thinking; language; intelligence  Motivation and Emotion	Read & be prepared to discuss:  Ch. 7: Thinking, language, Intelligence  Ch. 8: Motivation & Emotion

March 19 (Saturday)	Development; nature and nurture; adolescence; becoming an adult; adulthood; personality development; trait learning; exploring diversity	Development: Infancy, Moral, Social and Physical  Personality Development	Midterm Exam  Read & be prepared to discuss:  Ch. 9: Development  Ch. 10: Personality
March 20 (Sunday)	Coping; psychological aspects of illness and well being; promoting health and wellness; major psychological disorders; normal versus abnormal	Health Psychology: Stress, Coping and Well-Being  Psychological Disorders	Read & be prepared to discuss:  Ch. 11: Health Psychology: Stress, Coping and Well-Being  Ch. 12: Psychological Disorders
April 2 (Saturday)	Psychotherapy; humanistic and group approaches to treatment; biomedical therapy	Psychotherapy, Biomedical Therapy, Biological Approaches to Treatment	Quiz #2  Read & be prepared to discuss:  Ch. 13: Treatment of Psychological Disorders
April 3 (Sunday)	Persuasion; conformity; compliance; obedience; foundations of prejudice; liking and loving; aggression	Social Psychology: Attitudes and Social Cognition  Prejudice and Discrimination  Positive and Negative Social Behavior	Final Exam  Read & be prepared to discuss:  Ch. 14: Social Psychology