

Long Beach City College

Department of Psychology

Course: PSYC 001: Introduction to Psychology Spring - 2020

Class Meeting: Monday & Wednesday

Location: Pacific Coast Campus Building: DD 203

Time: 8:00 – 9:25 am

Class Number: 30058

Instructor: Elijah Levy, Ph.D. I can be reached at my cell phone number (562) 230-3334 anytime.

If you anticipate being absent or miss class for an emergency, please contact me to make arrangements for assignments. I can be reached at the university through the following email address: elvy@lbcc.edu or at my personal email address: crazyhorse825@yahoo.com

I earned my doctorate in Clinical Psychology in 1987 and have an interdisciplinary background in social and behavioral sciences and enjoy the synthesis of psychology, sociology and philosophy to arrive at a science of human behavior. I have been an adjunct professor at University of Redlands for 28 years, teaching in the undergraduate and graduate school of business. The courses I teach include management theory, organizational behavior, strategy, business ethics and the undergraduate and graduate capstone courses. I also teach psychology courses; Intro. to Psychology, Biopsychology and Developmental Psychology to undergraduate students at Southern California University of Health Sciences in Whittier. I am a preceptor to P.A. students who visit the residential care program for the mentally ill I work at to complete part of their psychiatric rotation. I am the director of The Levy Launch, a consulting office providing corporate training. For the last 20 years, I have been the director of Founders Outreach, a nonprofit center providing psychiatric rehabilitation services to 97 residents at a residential care program called Founders House of Hope. The majority of the residents are living with severe and persistent mental illness such as Schizophrenia. Lastly, I enjoy writing books and publish a newsletter. I will refer students to my website: www.elijahlevy.com to download articles when necessary during the course. In 2007, a colleague and I filmed a documentary on schizophrenia and mental illness titled "Beyond the Shadow of Mental Illness."

Text: (optional) Author: Robert Feldman Text: Essentials of Understanding Psychology 11th Edition

You don't need the book for this course if you study all of the lecture material I post on Canvas every week for our learning.

APA writing guideline – an abbreviated document reviewing APA format is posted on my website for your review.

Course Description:

In this course, students will understand the motives for goal directed, purposive behavior. We will examine basic psychological concepts, such as the nervous system, memory, intelligence and development along with Freudian, humanistic, social, cognitive, and trait theories. Presents an introduction to the issues, methods, and descriptions of psychology. Discusses individual and social problems of everyday life through the viewpoints and methods of modern scientific psychology. Examines the psychological processes through which people deal with the challenges of everyday life.

Theoretical formulations will enable us to understand and predict individual and social behavior grounded in the following theoretical perspectives: Sociocultural, Evolutionary, Social Learning and Social Cognitive. The task of

learning to ask the right questions is the critical thinking component of the course. The instructor will, as much as possible, weave critical thinking into our interactive class discussions to deepen our understanding of content. By learning how to ask the right questions—we will more deeply understand the motive of human behavior.

Course Objectives:

At the conclusion of this course, a successful student should be able to:

1. Demonstrate competent written communication skills
2. Employ effective oral communication skills
3. Interpret quantitative data using mathematical principles to effectively identify core issues and solve problems
4. Illustrate competence in the biological, physical, and natural sciences
5. Locate disparate information through multiple sources demonstrating technological and informational literacy
6. Analyze ideas and make decisions using critical thinking skills
7. Describe and interpret diverse perspectives, value systems, history, cultural traditions, and artistic expression
8. Articulate issues and arrive at a defensible conclusion, given a set of ethical dilemmas

Classroom Expectations:

- Please be professional, prompt, prepared, and polite at all times.
- The professor will adhere to all policies as found in the Student Handbook
- Cellular phones must be kept on silent during class times. If you are texting I will take your phone away until the break and you will return it to me after the break.
- If you are using a laptop you will be asked to sit in the front of the class.

Student Learning Outcomes:

1. Using (and/or applying) basic terms, facts, principles, and theories from the field of psychology, students will explain (and/or demonstrate their understanding of) behavior.
2. Using terminology and elements of the scientific method, students will compare and distinguish between scientific and non-scientific approaches to the study of psychology, as well as evaluate the strength of evidence offered in support of a given hypothesis, theory or conclusion.
3. Given a topic in psychology, students will demonstrate their ability to research and apply psychological concepts and theories to scientific and/or popular media in a written or oral report.

Attendance:

Attendance will be taken each class session. You will not be penalized for your first 2 absences. Beginning with your 3rd absence and any absence after this one, you will lose 2 points for each class missed. Exceptions may be made for medical emergencies and related issues – at the instructor's discretion. You must arrive to class on time. If you are more than 15 minutes late you will lose 2 points.

Policy on Missing Quizzes, Midterm and Final

If you are absent for a quiz or the midterm you cannot make it up. I will give students the opportunity to make up half the points for a quiz or the midterm if they create 8 powerpoint slides for a topic I will assign you. If you decide to not do the power point presentation you will receive a zero for the quiz or midterm. If you miss the final you will receive a grade of zero on it.

Cell Phone and Lap Top Policy

Cell phones will be off or on vibrate during all class sessions to avoid distractions. Students should refrain from making or taking non-critical personal or business cell phone calls during class sessions. If a phone call must be taken, the student will exit the classroom.

If you are observed texting during class, I will take away your phone and return it to you at the end of class. You will also lose 5 points.

Laptop use during class is limited to taking notes related to the lecture or class discussions and/or researching material directly requested by the instructor. Students will not use their laptops to surf the web, play games, read or generate personal or business email during class time. If you wish to use your lap top to follow the powerpoint slides, you must sit in the front row. If you are observed viewing anything other than the slides for the course, you will be asked to put your lap top away and you will lose 5 points.

Course Requirements and Expectations:

Students must attend class and offer meaningful contributions during class discussions. I expect you to actively engage yourself with the material and class discussions each class. To earn your participation points, you must demonstrate critical thinking—ask the right questions that help us deepen our understanding of content and when necessary provide evidence to substantiate an assertion you make. Thanks --

Course Schedule:

Week of Feb. 10	Introductions and Review of Syllabus, course expectations Introduction to Critical Thinking, asking the right questions, habits of the mind Read material on Canvas for the week: History of Psychology Defining Abnormality: What is Psychology?
Week of Feb. 17	No class on Monday: it is President's Day. We will meet Wednesday only. Read material on Canvas for the week: Neuroscience and Behavior, Neuronal Transmission, Neurotransmitters
Week of Feb. 24	Read material on Canvas for the week: Sensation and Perception; States of Consciousness, Brain Structure and Function Quiz #1 is on Feb. 26
Week of March 2	Read material on Canvas: Forms of Consciousness; Substance Use Disorders
Week of March 9	Read material on Canvas: Theories of Learning; Memory Quiz #2 is on March 11
Week of March 16	Read material on Canvas: Thinking, Language Formation; Intelligence
Week March 23	Read material on Canvas: Theories of Motivation; Emotion
Week of March 30	Read material on Canvas: Human Development; Theories of the Lifecycle Quiz #3 is on April 1
Week of April 6	SPRING BREAK – NO CLASSES ALL WEEK
Week of April 13	Read material on Canvas: Theories of Personality, Freud's Model
Week of April 20	Read material on Canvas: Health Psychology; Psychophysiological Disorders Midterm is on April 22
Week of April 27	Read material on Canvas: Schizophrenia Spectrum & Other Psychotic Disorders

Week of May 4	Mood Disorders and Childhood Onset Disorders; Neurodevelopmental Disorders Quiz #4 is on May 6
Week of May 11	Read material on Canvas: Neurocognitive Disorders; Psychiatric Rehabilitation Model
Week of May 18	Read material on Canvas: Anxiety Disorders, Treatment of Psychological Disorders Quiz #5 is on May 20
Week of May 25	Read material on Canvas: Psychopharmacology/Biomedical Therapy
Week of June 1	Review for Final on June 1 Final on June 3

EXTRA CREDIT

Extra credit assignments are available, each one is worth up to 10 points and includes the following:

- 1) Writing a full two page paper on the documentary titled "Beyond the Shadow of Mental Illness" which was filmed at Founders House of Hope, where I work. The documentary can be viewed on my website: www.elijahlevy.com Just go to the Founders House of Hope page and you will see the documentary of the right side of the page – it is in two parts. Watch Part 1 followed by Part 2. Each part is 20 minutes long.
- 2) You can visit Founders House of Hope and write a full two page paper on your visit. Expect to stay an hour and a half at Founders.

Address for Founders House of Hope: 18025 Pioneer Blvd.
Artesia, CA 90701

Please park at the Jack in the Box parking lots just south of us. It is fine to park there – it's part of a strip center.

Again – the papers need to meet my standards for a full 10 points, in addition to the powerpoint presentation. If you do a poor job with the paper or powerpoint presentation, you will receive less points.

Course Evaluation:

Attendance and Participation – 1 point max. each class x 30 classes = 30 points

Quizzes: A total of 5 quizzes – each worth 20 points for total of = 100

Midterm = 50 points

Final = 50 points

Total = 230 points

Total Points for Course = 230

A = 90%	207 - 230
B = 80%	184 - 206
C = 70%	161 - 183
D = 60%	138 - 160
F = 50%	Below 138

